

Caregiver Task Sheet



Personal Care

- Bath/Shower/Sponge Bath
- Shampoo Hair
- Shave
- Oral/Denture Care
- Assist with Bathroom
- Assist with Adult Briefs
- Assist with Dressing AM/PM
- Assist with TED Hose
- Assist with Transfers
- Assist with Wheelchairs
- Assist with Walking
- Assist with Meals/Snacks
- Assist with Liquids
- Catheter Change/Empty
- Colostomy/Ostomy Empty



Companion Care

- Light Housekeeping
- Trash Disposal
- Laundry
- Dishes
- Vacuum
- Change Bed Linens
- Decluttering
- Transportation
- Pet Care: Water/Feed/Walk
- Assist with Phone/TV/Computer
- Meal Preparation
- Special/Diabetic Diet
- Companionship



Medical Care

- Check Vitals
- Assist with Gait Belt
- Assist with Stand & Pivot
- Assist with Transfer Board
- Journal Services
- Assist with CPAP
- Breathing Treatments
- Medication Reminders
- Assist with PT/OT Exercises
- Hospice Support

Please provide 5 unique questions for Caregivers to spark conversations with your loved one:

1.

2.

3.

4.

5.